

# South Range 7th-12th Lunch Menu

September 2020

The Nutrition Group  
 Food Service Director: Kaitlyn Pierce,—Kpierce@southrange.org  
 Phone: (330) 549-4070

## The Grille

**Mon, Weds, & Fri:**  
 \*Chicken Tenders w/Bread  
 \*Mini Corn Dog Nuggets

**Tues & Thurs:**  
 \*Cheeseburger  
 \*Fiestada Pizza

\*Crispy Potato Wedges M-F

## The Garden

Fresh Salads & Sandwiches w/  
 assorted toppings and choices  
 made to order Mon-Fri.

## The Pizzeria

**Mon, Weds. & Fri—** Cheese Pizza,  
 Pepperoni Pizza, & Specialty Pizza

**Tues & Thurs—** Pepperoni & Cheese  
 Bosco Stick

## Grab & Go

The Raider Café will be open  
**Mon.-Thurs. from 2:45-3:30 p.m.**  
 Assorted options available for  
 snack and beverage needs for after  
 school activities!!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sept.7</b> <b>Labor Day</b> <b>No School</b>	<b>8</b> <b>Pasta &amp; Meatballs w/                      Bread Slice</b> Seasoned Peas Tropical Fruit Choice of Milk	<b>9</b> <b>Pizza Hut Pizza                      (Cheese or                      Pepperoni)</b> Garden Salad Apple Slices Choice of Milk	<b>10</b> <b>Pizza Hut Pizza                      (Cheese or                      Pepperoni)</b> Garden Salad Apple Slices Choice of Milk	<b>11</b> <b>French Toast Sticks                      w/Sausage Patties</b> Tater Tots Strawberries Choice of Milk
<b>14</b> <b>General Tso's                      Popcorn Chicken w/                      Rice</b> Seasoned Broccoli Applesauce Choice of Milk	<b>15</b> <b>General Tso's                      Popcorn Chicken w/                      Rice</b> Seasoned Broccoli Applesauce Choice of Milk	<b>16</b> <b>Italian Meatball                      Hoagie</b> Crispy Potato Wedges Diced Peaches Choice of Milk	<b>17</b> <b>Italian Meatball                      Hoagie</b> Crispy Potato Wedges Diced Peaches Choice of Milk	<b>18</b> <b>Macaroni &amp; Cheese                      w/ Bread Slice</b> Seasoned Green Beans Berry Cup Choice of Milk
<b>21</b> <b>Popcorn Chicken                      Bowl/Bread</b> Mashed Potatoes & Gravy Diced Peaches Choice of Milk	<b>22</b> <b>Popcorn Chicken                      Bowl/Bread</b> Mashed Potatoes & Gravy Diced Peaches Choice of Milk	<b>23</b> <b>Pizza Hut Pizza                      (Cheese or                      Pepperoni)</b> Garden Salad Diced Pears Choice of Milk	<b>24</b> <b>Pizza Hut Pizza                      (Cheese or                      Pepperoni)</b> Garden Salad Diced Pears Choice of Milk	<b>25</b> <b>Bacon                      Cheeseburger</b> Sweet Potato Fries Mandarin Oranges Choice of Milk
<b>28</b> <b>Hot Dog on a Bun</b> Tater Tots Blueberries Choice of Milk	<b>29</b> <b>Hot Dog on a Bun</b> Tater Tots Blueberries Choice of Milk	<b>30</b> <b>Grilled Cheese                      Sandwich</b> Golden Corn Fresh Banana Choice of Milk	<b>October 1</b> <b>Grilled Cheese                      Sandwich</b> Golden Corn Fresh Banana Choice of Milk	<b>2</b> <b>French Toast Sticks                      w/Sausage Patties</b> Tater Tots Strawberries Choice of Milk

## The Deli

Made to order deli line available daily  
 Choices include: Flavored Wraps,  
 Bread, Deli Meats, Cheese, Hummus,  
 Chicken Salad, Tuna Salad, Egg  
 Salad, and Toppings!

## Accompaniments

\*Must take at least one 1/2 cup of fruit or vegetable

**\*Vegetable Bar includes:**  
 Broccoli Florets  
 Baby Carrots  
 Dark Leafy Greens  
 Legume Salads  
 Celery & Cucumber

**\*Fruits include:**  
 Crisp Apple Sliced  
 Peaches  
 Mixed Fruit  
 Fresh Orange  
 Banana  
 Pineapple Tidbits  
 Diced Pears  
 Applesauce

## Milk

**Milk Choices Offered Daily:**  
 1% white, non-fat white, non-fat flavored

Proud to manage your  
 food service program

**Lunch Prices: Paid \$2.95  
 Reduced \$4.00  
 Pizza Hut \$3.25**

THIS INSTITUTION IS AN EQUAL  
 OPPORTUNITY PROVIDER

**MENUS SUBJECT TO CHANGE**