


South Range Breakfast Menu December 2022

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MENUS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Elf Arrival! Mini Pancakes Fresh Fruit/100% Juice Choice of Milk	2 Decorated Donut Fresh Fruit/100% Juice Choice of Milk
5 Egg & Cheese Breakfast Sandwich Fresh Fruit/100% Juice Choice of Milk	6 Mini Waffles Fresh Fruit/100% Juice Choice of Milk	7 Cinnamon Roll Fresh Fruit/100% Juice Choice of Milk	8 French Toast Fresh Fruit/100% Juice Choice of Milk	9 Decorated Donut Fresh Fruit/100% Juice Choice of Milk
12 Yogurt & Granola Fresh Fruit/100% Juice Choice of Milk	13 Mini Pancakes Fresh Fruit/100% Juice Choice of Milk	14 French Toast Fresh Fruit/100% Juice Choice of Milk	15 Egg & Cheese Breakfast Sandwich Fresh Fruit/100% Juice Choice of Milk	16 Decorated Donut Fresh Fruit/100% Juice Choice of Milk
19 Mini Waffles Fresh Fruit/100% Juice Choice of Milk	20 Egg & Cheese Breakfast Sandwich Fresh Fruit/100% Juice Choice of Milk	21 Cinnamon Roll Fresh Fruit/100% Juice Choice of Milk	22 Mini Pancakes Fresh Fruit/100% Juice Choice of Milk	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1/2C. Cup Fruit, and 1/2 Pint Milk

Alternate Menu Options May Include:

Variety of Whole Grain Muffins
Chocolate Chip Oatmeal Breakfast Bar
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast
Fruit & Yogurt Parfaits
Whole Grain Cereal w/ Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
\$1.50 K-12
\$0.30 Reduced

THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER