

South Range Breakfast Menu January 2019

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MENUS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3 Eggo French Toast Fresh Fruit/100%Fruit Juice Choice of Milk	4 Mini Cinni Cinnamon Roll Fresh Fruit/100%Fruit Juice Choice of Milk
7 Warm Mini Pancakes Fresh Fruit/100%Fruit Juice Choice of Milk	8 Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	9 Pancake Sausage Wrap Fresh Fruit/100%Fruit Juice Choice of Milk	10 Cheesy Omelet w/Toast Fresh Fruit/100%Fruit Juice Choice of Milk	11 WG Belgian Waffle Fresh Fruit/100%Fruit Juice Choice of Milk
14 WG Cinnamon Roll Fresh Fruit/100%Fruit Juice Choice of Milk	15 Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	16 Breakfast Pizza Fresh Fruit/100%Fruit Juice Choice of Milk	17 WG French Toast Sticks Fresh Fruit/100%Fruit Juice Choice of Milk	18 Decorated Donut Fresh Fruit/100%Fruit Juice Choice of Milk
21 No School	22 Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	23 Eggo Mini Waffles Fresh Fruit/100%Fruit Juice Choice of Milk	24 Egg & Cheese Breakfast Sandwich Fresh Fruit/100%Fruit Juice Choice of Milk	25 Decorated Donut Fresh Fruit/100%Fruit Juice Choice of Milk
28 Pancake Sausage Wrap Fresh Fruit/100%Fruit Juice Choice of Milk	29 Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	30 WG Cinnamon Roll Fresh Fruit/100%Fruit Juice Choice of Milk	31 Confetti Pancakes Fresh Fruit/100%Fruit Juice Choice of Milk	 Whole Grains Available Daily

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Alternate Menu Options May Include:

Variety of Whole Grain Muffins
Chocolate Chip Oatmeal Breakfast Bar
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast
Fruit & Yogurt Parfaits
Whole Grain Cereal w/ Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.50
Reduced \$0.30

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