

# South Range Breakfast Menu March 2019

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MENUS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Whole Grains Available Daily			<b>1</b> Egg & Cheese Breakfast Sandwich Fresh Fruit/100%Fruit Juice Choice of Milk
<b>4</b> Mini Waffles Fresh Fruit/100%Fruit Juice Choice of Milk	<b>5</b> Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	<b>6</b> French Toast Sticks Fresh Fruit/100%Fruit Juice Choice of Milk	<b>7</b> Mini Maple Pancakes Fresh Fruit/100%Fruit Juice Choice of Milk	<b>8</b> Breakfast Pizza Fresh Fruit/100%Fruit Juice Choice of Milk
<b>11</b> Confetti Pancakes Fresh Fruit/100%Fruit Juice Choice of Milk	<b>12</b> Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	<b>13</b> Sausage Pancake Wrap Fresh Fruit/100%Fruit Juice Choice of Milk	<b>14</b> Eggo French Toast Fresh Fruit/100%Fruit Juice Choice of Milk	<b>15</b> Cheesy Omelet Fresh Fruit/100%Fruit Juice Choice of Milk
<b>18</b> Warm Mini Pancakes Fresh Fruit/100%Fruit Juice Choice of Milk	<b>19</b> Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	<b>20</b> WG Belgian Waffle Fresh Fruit/100%Fruit Juice Choice of Milk	<b>21</b> Confetti Pancakes Fresh Fruit/100%Fruit Juice Choice of Milk	<b>22</b> Decorated Donut Fresh Fruit/100%Fruit Juice Choice of Milk
<b>25</b> French Toast Sticks Fresh Fruit/100%Fruit Juice Choice of Milk	<b>26</b> Create Your Own Yogurt Parfait Bar Fresh Fruit/100%Fruit Juice Choice of Milk	<b>27</b> Mini Waffles Fresh Fruit/100%Fruit Juice Choice of Milk	<b>28</b> Breakfast Pizza Fresh Fruit/100%Fruit Juice Choice of Milk	<b>29</b> Sausage Pancake Wrap Fresh Fruit/100%Fruit Juice Choice of Milk

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

### Alternate Menu Options May Include:

- Variety of Whole Grain Muffins
- Chocolate Chip Oatmeal Breakfast Bar
- Fortified Breakfast Pastries
- Warm Bagels
- Yogurt & Toast
- Fruit & Yogurt Parfaits
- Whole Grain Cereal w/ Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



### Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White

Proud to manage your  
food service program



**Meal Prices:**  
**Paid \$1.50**  
**Reduced \$0.30**

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