

South Range Elementary Lunch Menu-April 2019

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THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER

What Makes a Meal?
You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk
**Students must choose at least one fruit or vegetable*



Fresh Fruits and Vegetables Offered Daily
***Vegetables include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber
***Fruits include:**
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
***May choose two 1/2 cup servings**
***May choose 1/2 cup serving**

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily
Fat Free Chocolate,
Fat Free Strawberry,
Fat Free White and
Low Fat White
**Lunch Prices:
Paid \$2.75
Reduced \$.40**

****Bottled Water is extra.. Cups will be available at the cash register for water from the fountain at no charge.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Hot Dog on a Bun Seasoned Carrots Fresh Blueberries Choice of Milk	2 Soft Beef & Cheese Taco Seasoned Black Beans Cinnamon Apple Slices Choice of Milk	3 Ham, Egg & Cheese Breakfast Sandwich Tater Tots Fresh Apple Choice of Milk	4 Extra Treat Thursday! Creamy Macaroni & Cheese w/Roll Seasoned Peas Fresh Orange Choice of Milk	5 Square Cheese Pizza Steamed Broccoli Diced Pears Choice of Milk
8	Crispy Chicken Strips w/ Breadstick BBQ Baked Beans Sliced Pears Choice of Milk	9 Popcorn Chicken w/Rice Seasoned Carrots Fresh Apple Choice of Milk	10 Square Cheese Pizza Smiley Fries Fresh Orange Choice of Milk	11 Extra Treat Thursday! Pizza Hut Pizza! (Cheese or Pepperoni) Garden Salad Sliced Peaches Choice of Milk	12 Hawaiian Beach Party! Fish Sticks w/ a Breadstick Seasoned Corn Fresh Strawberries Choice of Milk *Special Treat!
15	Grilled Cheese Sandwich w/Tomato Soup Sweet Potato Fries Crisp Apple Choice of Milk	16 Beef & Cheese Nachos Cheesy Refried Beans Diced Pineapple Choice of Milk	17 Cheese Filled Breadsticks w/Marinara Sauce Seasoned Broccoli Strawberry Cup Choice of Milk	18 Extra Treat Thursday! Rotini w/ Meat Sauce & Garlic Breadstick Seasoned Green Beans Mandarin Oranges Choice of Milk	19 No School
22	No School	23 No School	24 No School	25 No School	26 No School
29	Large Soft Pretzel w/ Cheese Seasoned Corn Cinnamon Applesauce Choice of Milk	30 French Toast Sticks w/ Sausage Patties Crispy Tater Tots Sliced Apples Choice of Milk			 Whole Grains Available Daily
	SECOND OPTION: Monday Cheeseburger	SECOND OPTION: Tuesday Fiestada Pizza	SECOND OPTION: Wednesday Chicken Nuggets w/Bread	SECOND OPTION: Thursday Mini Corn Dog Nuggets	SECOND OPTION: Friday Munchable!