

South Range Elementary Lunch Menu-January 2019

Food Service Director: Kaitlyn Pierce

kpierce@southrange.org

Phone: (330) 549-4070



THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate,
Fat Free Strawberry,
Fat Free White and
Low Fat White

**Lunch Prices:
Paid \$2.75
Reduced \$.40**

**Bottled Water is extra.. Cups will be available at the cash register for water from the fountain at no charge.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School	2 No School	3 Pizza Hut Day! Cheese or Pepperoni Pizza Garden Salad Fresh Orange Choice of Milk 	4 Square Cheese Pizza Seasoned Corn Pineapple Tidbits Choice of Milk
7 Meatball & Cheese Hoagie Seasoned Broccoli Fresh Orange Choice of Milk	8 Extra Cheesy Quesadilla Cheesy Refried Beans Fresh Banana Choice of Milk	9 Mrs. Lay's Class Choice! Popcorn Chicken w/Cheesy Breadstick Edamame Strawberries Choice of Milk *Brownie w/lunch!	10 Mr. Irons's Class Choice! Popcorn Shrimp w/ Fresh Bread Slice Mashed Potatoes Strawberries Choice of Milk *Mini M&M Milkshake w/ Lunch!	11 Square Cheese Pizza Seasoned Sweet Potato Fries Sliced Peaches Choice of Milk
14 Mrs. Armbrecht's Class Choice! Giant Soft Pretzel w/ Cheese Seasoned Corn Fresh Apple Slices Choice of Milk *Ice Cream Cup w/lunch!	15 Popcorn Chicken w/Rice & Bread Slice Seasoned Carrots Fresh Apple Choice of Milk	16 Mrs. Butcher's Class Choice! Fluffy Pancakes w/Sausage Patty Tater Tots Cucumber Salad Juicy Watermelon Choice of Milk *Popsicle w/lunch!	17 Pizza Hut Day! Cheese or Pepperoni Pizza Garden Salad Mandarin Oranges Choice of Milk 	18 Circus Day!  Corn Dog on a Stick OR Square Cheese Pizza BBQ Baked Beans Fresh Orange Choice of Milk *Special Treat w/Lunch
21 MLK Day No School	22 Beef & Cheese Soft Taco Seasoned Black Beans Cinnamon Apple Slices Choice of Milk	23 French Toast Sticks w/ Sausage Patties Emoji Fries Fresh Apple Choice of Milk	24 Rotini with Meat Sauce & Garlic Breadstick Seasoned Broccoli Pineapple Tidbits Choice of Milk	25 Square Cheese Pizza Seasoned Carrots Fresh Banana Choice of Milk
28 Cheese Filled Breadsticks w/Sauce Sweet Potato Fries Chilled Diced Pears Choice of Milk	29 Beef & Cheese Nachos Cheesy Refried Beans Apple Slices Choice of Milk	30 Mrs. Tharp's Class Choice! Veggie Sushi Roll Crunchy Cucumbers Frozen Strawberries Choice of Milk *Chocolate Strawberry w/ lunch!	31 Mrs. Hull's Class Choice! Pizza Hut Day! Cheese or Pepperoni Pizza Steamed Corn Blueberries w/Whipped Cream Choice of Milk *Popsicle w/lunch! 	 Whole Grains Available Daily
SECOND OPTION: Chicken Tenders w/Bread	SECOND OPTION: Fiestada Pizza	SECOND OPTION: Mini Corn Dog Nuggets	SECOND OPTION: Hot Dog on a Bun	SECOND OPTION: Cheeseburger