

South Range Elementary Lunch Menu-March 2019

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MENUS SUBJECT TO CHANGE

THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

**Bottled Water is extra.. Cups will be available at the cash register for water from the fountain at no charge.

Lunch Prices:
Paid \$2.75
Reduced \$4.00
Pizza Hut: \$3.00

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Whole Grains Available Daily</p>				<p>1 Happy Birthday Dr. Seuss! Green Eggs & Ham w/ Bread Slices! Home Fries Fresh Orange Choice of Milk</p>
4	<p>Extra Cheesy Cheeseburger Crispy Baked Fries Fresh Banana Choice of Milk</p>	<p>5 Popcorn Chicken Bites w/ Steamed Rice Oriental Mixed Vegetables Pineapple Tidbits Choice of Milk</p>	<p>6 Fish Sticks w/Breadstick Seasoned Carrots Fresh Banana Choice of Milk</p>	<p>7 Extra Treat Thursday! Rotini Pasta w/Meat Sauce & Garlic Breadstick Steamed Broccoli Sliced Pears Choice of Milk</p>	<p>8 Square Cheese Pizza BBQ Baked Beans Mixed Fruit Choice of Milk</p>
11	<p>11 Mini Corn Dog Nuggets Seasoned Corn Pineapple Tidbits Choice of Milk</p>	<p>12 French Toast Sticks w/ Sausage Patty Tater Tots Diced Peaches Choice of Milk</p>	<p>13 Homemade Macaroni & Cheese w/Roll Seasoned Carrots Mandarin Orange Choice of Milk</p>	<p>14 Pizza Hut Day! Pizza Hut Pizza (Cheese or Pepperoni) Garden Salad Mandarin Oranges Choice of Milk</p>	<p>15 Square Cheese Pizza Confetti Bean Salad Cinnamon Apple Slices Choice of Milk</p>
18	<p>18 National Sloppy Joe Day! Sloppy Joe on a Bun Sweet Potato Fries Strawberry Mix Choice of Milk</p>	<p>19 Popcorn Chicken w/ Fresh Sliced Bread Mashed Potatoes & Gravy Pineapple Tidbits Choice of Milk</p>	<p>20 Disney Day! Simba's Sandwich (Grilled Cheese) Bippidi Boppidi Broccoli Captain Hook's Red Ruby's(Strawberries) Choice of Milk *Special Treat!</p>	<p>21 Extra Treat Thursday! Penne Pasta w/ Meatballs & Garlic Breadstick Seasoned Green Beans Mandarin Oranges Choice of Milk</p>	<p>22 Square Cheese Pizza BBQ Baked Beans Sliced Peaches Choice of Milk</p>
25	<p>25 National Waffle Day! Warm Waffle w/ Strawberry Topping Sweet Potato Bites Diced Pears Choice of Milk</p>	<p>26 Beef & Cheese Hard Shell Taco Cheesy Refried Beans Mixed Fruit Salad Choice of Milk</p>	<p>27 French Toast Sticks w/ Sausage Patties Emoji Fries Strawberry Cup Choice of Milk</p>	<p>28 Pizza Hut Day! Pizza Hut Pizza (Cheese or Pepperoni) Garden Salad Fresh Banana Choice of Milk</p>	<p>29 Square Cheese Pizza Seasoned Green Beans Crisp Apple Choice of Milk</p>
	<p>SECOND OPTION: Monday Cheese Filled Breadsticks</p>	<p>SECOND OPTION: Tuesday Fiestada Pizza</p>	<p>SECOND OPTION: Wednesday Hot Dog on Bun</p>	<p>SECOND OPTION: Thursday Chicken Strips w/ Bread</p>	<p>SECOND OPTION: Friday Cheeseburger</p>