

South Range Breakfast Menu November 2020

Food Service Director: Kaitlyn Pierce
Kpierce@southrange.org
(330) 549-4070



MENUS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal & Graham Crackers Fresh Apple Choice of Milk	3 Benefit Bar Purple Grapes/100%Fruit Juice Choice of Milk	4 Pillsbury Apple Frudel Sliced Oranges/100% Fruit Juice Choice of Milk	5 Muffin & Graham Crackers Apple Slices Choice of Milk	6 Glazed Donut Ring Fresh Banana Choice of Milk
9 Cereal & Graham Crackers Fresh Apple Choice of Milk	10 Benefit Bar Purple Grapes/100%Fruit Juice Choice of Milk	11 Pillsbury Apple Frudel Sliced Oranges/100% Fruit Juice Choice of Milk	12 Muffin & Graham Crackers Apple Slices Choice of Milk	13 Glazed Donut Ring Fresh Banana Choice of Milk
16 Cereal & Graham Crackers Fresh Apple Choice of Milk	17 Benefit Bar Purple Grapes/100%Fruit Juice Choice of Milk	18 Pillsbury Apple Frudel Sliced Oranges/100% Fruit Juice Choice of Milk	19 Muffin & Graham Crackers Apple Slices Choice of Milk	20 Glazed Donut Ring Fresh Banana Choice of Milk
23 Cereal & Graham Crackers Fresh Apple Choice of Milk	24 Benefit Bar Purple Grapes/100%Fruit Juice Choice of Milk	25 No School	26 No School	27 No School
30 No School				 Whole Grains Available Daily

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Alternate Menu Options May Include:

Variety of Whole Grain Muffins
Chocolate Chip Oatmeal Breakfast Bar
Fortified Breakfast Pastries
Warm Bagels
Yogurt & Toast
Fruit & Yogurt Parfaits
Whole Grain Cereal w/ Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White

Proud to manage your
food service program



Meal Prices:
Paid \$1.50
Reduced \$0.30

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